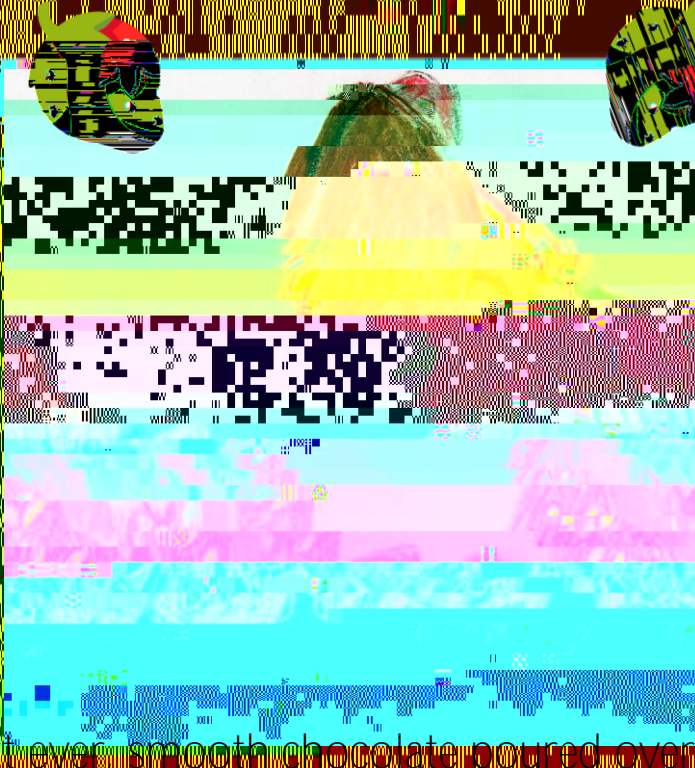


My Favourite Food

Chocolate Dipped Strawberries

Photo: Allan Young, Sunbeam School, Year 8



The best desert ever, smooth chocolate poured over delicious fresh strawberries providing the perfect compliment to any occasion.

FUN FACTS

Molecules called esters provide the flavours and aromas, the red colouring by anthocyanins. They are super versatile, you can grow them in your garden or in a small plant pot on your windowsill. Each one has roughly 200 seeds on it. Chocolate has over 600 flavour compounds. 1 acre of land can grow 50,000 lbs. of strawberries.

Cocoa beans are produced mainly in Africa and South America. Many processes combine to produce chocolate, including fermentation, curing & roasting. 400 beans are used to make 1lb of chocolate. Chocolate has over 600 flavour compounds.